

TILAK MAHARASHTRA VIDYAPEETH

INSTITUTE OF NURSING EDUCATION AND RESEARCH PUNE.

NAME OF THE EVENT – “Seminar on Alzheimer’s Disease”

ORGANIZER – Tilak Maharashtra Vidyapeeth, Nursing Department

DATE AND TIME – 27/09/2022 Time 11:30 am

PARTICIPANTS – IVth year and IInd year Basic B.Sc. Nursing Students

SPEAKER – Ms. Sonali Satpute, Ms. Prerana Mahadik

VENUE – Pune Adventist Hospital, Salisbury Park, Gultekdi, Pune.

Topic Addressed –

- Introduce Alzheimer’s disease.
- Unveil the Theme of Alzheimer’s Day.
- Elaborate stages of Alzheimer’s disease.
- Explain risk factors, signs and symptoms of Alzheimer’s disease.
- Explicate diagnosis of Alzheimer’s disease.
- Illuminate prevention of Alzheimer’s disease.
- Discuss regarding health education on Alzheimer’s disease.

Theme – “**Know Dementia, Know Alzheimer’s**”

21stSeptember is observed as World Alzheimer’s Day every year by the people, government organizations and other related professions in order to create awareness regarding Alzheimer’s disease. The objective of this day is to raise the awareness regarding Alzheimer’s disease.

Under the guidance of Prof. Dr. Madhuri Shelke (Principal, INER), Ms. Sonali Satpute (Asst. Prof., INER) and Ms. Prerana Mahadik (Clinical Instructor, INER) conducted the seminar on theme of Alzheimer’s Day: “**Know Dementia, Know Alzheimer’s**” at Pune Adventist Hospital, Salisbury Park, Gultekdi, Pune.

Alzheimer's disease is the most common cause of dementia and affects the person's memory, mental ability, and ability to carry out simple tasks.

The goal of conducting the programme was to create the awareness among patients and relatives regarding Alzheimer's disease. Following points were presented in the seminar:-

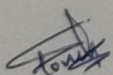
Following topics were covered:

- Stages of Alzheimer's disease: 1. Before symptoms appear, 2. Basic forgetfulness, 3. Noticeable memory difficulties, 4. More than memory loss, 5. Decreased independence, 6. Severe symptoms, 7. Lack of physical control.
- Risk factors, signs and symptoms of Alzheimer's disease:
Risk factors- Genetics, lifestyle, environment
Signs and symptoms- Depression, social withdrawal, irritability, wandering.
- Diagnosis of Alzheimer's disease: Lab tests, mental status and neurological testing, brain imaging
- Prevention and health education for Alzheimer's disease: Regular exercise, eating healthy diet, improve sleeping pattern, healthy lifestyle

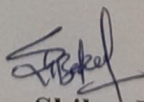
Students of 2nd year B.B.Sc. and 4th year B.B.Sc Nursing participated through presenting posters. The posters depicted various aspects such as

The session was very interactive along with discussion regarding the topic and resolution of queries.

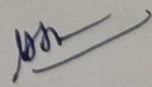
Vote of Thanks was delivered by Ms. Sonali Satpute mentioning Nursing Superintendent of Pune Adventist Hospital, Mrs. Maloti Tujare gave an opportunity to interact with the patients. Patients and relatives were thanked for their keen attention during presentation.


Ms. Sonali Satpute

Assistant Professor


Mrs. Shilpa Bakal

Programme Co-ordinator


Prof. Dr. Madhuri Shelke

Principal

Principal
Institute of Nursing
Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.

